



MILTON CE PRIMARY SCHOOL Number 4 30 September 2020

PARENT/CARER'S NEWSLETTER

Welcome to this week's roundup – and remember you can also keep up to date at www.milton.cambs.sch.uk

Dear Parents/Carers,

Covid Updates

Rules on Self Isolation? – A Quick Guide for Parents

	If the person has any of the <u>Covid-19 symptoms</u> (a high temperature, a new continuous cough, or a loss or change to their sense of smell or taste) and is awaiting a test result	If the person has <u>tested positive</u> for Covid-19
The individual person	<p>Must self-isolate until the test result is received.</p> <ul style="list-style-type: none"> • If this is positive, see right hand column. • If negative, the individual may end their self-isolation if they are well, no one in their household or support bubble has symptoms and they have not been asked to self-isolate by NHS Test & Trace. 	<p>Must self-isolate for 10 days from the start of symptoms and until there is no high temperature.</p>
The person's household	<p>Must self-isolate until the test result is received.</p> <ul style="list-style-type: none"> • If this is positive, see right hand column • If negative, the household may end their self-isolation if no one has symptoms and they have not been asked to self-isolate by NHS Test & Trace. 	<p>Must self-isolate for 14 days from the start of their symptoms, or from the date of the positive test taken (if the individual has no symptoms). If any member of the household develops symptoms at any point during the 14 days, they must self-isolate for 10 days from the start of their symptoms and get tested.</p>
The person's contacts (see below for details of who a contact is)	<p>They do not need to self-isolate unless they develop symptoms or the person tests positive.</p>	<p>Must self-isolate for 14 days from the last contact with the confirmed case. If they develop symptoms during the 14 days, they must self-isolate for 10 days from the start of their symptoms and get tested.</p>

<p>The households of the person's contacts</p>	<p>Do not need to self-isolate unless the Contact develops symptoms.</p>	<p>Do not need to self-isolate unless the Contact develops symptoms.</p>
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Dear parents and guardians,

This is an important letter to share some information on how we can work together to make sure we can continue to give children and young people the best education in the safest way possible.

One important part of ensuring the safety and wellbeing of pupils, students, parents and our communities is testing for coronavirus. We all have a duty to make sure that the right people have access to get tested at the right time. Every time a test is used inappropriately, a person with COVID-19 symptoms may miss out on getting tested.

Therefore, I ask that you all follow these principles:

- you should only book a test if your child has any of these 3 coronavirus symptoms:
 1. a high temperature: any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature)
 2. a new continuous cough: coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
 3. a loss of, or change in, sense of smell or taste: a noticeable loss of smell or taste or things smell and taste different to normal
- your child does not need a test if they have a runny nose, are sneezing or feeling unwell but do not have a temperature, cough or loss of, or change in, sense of smell or taste because these are not normally symptoms of coronavirus
- if you are unsure about whether to get a test, please check the [official list of symptoms on the NHS website](#), which is reviewed regularly
- only the person with symptoms should get a test. You do not need to get a test for anyone else in the household unless they also have any of the 3 symptoms listed above. **All members of the household need to self-isolate whilst waiting for the test result**
- if the person with symptoms' test comes back positive, other members of their household should continue self-isolating for 14 days and only get a test if they develop coronavirus symptoms
- if a pupil or student in a class or bubble tests positive for coronavirus, anyone who is advised to self-isolate does not require a test unless they subsequently develop symptoms.

No one else in the same class or bubble as the symptomatic person needs to take any action unless advised by the school or college. Schools and colleges have detailed guidance and access to a Department for Education and Public Health England helpline for advice and support.

Contacts of a person who has tested positive must follow the guidance carefully and in full, which means they must stay at home for 14 days. This is because it can take several days following contact with an infected person before an individual develops symptoms or the virus can be detected. Students should only book a test if they get symptoms.

The NHS has produced some [guidance to help parents understand when their child can and cannot attend school](#) which you may find useful.

It is vital for children and young people's learning and future opportunities that they are able to return to school and college. It is therefore vitally important that all we work together and do our bit to make this possible.

Yours sincerely,

Professor Viv Bennett CBE
Chief Nurse and Director Maternity and Early Years, Public Health England

Dr Susan Hopkins
Interim Chief Medical Officer, NHS Test & Trace
Deputy Director, Public Health England
Consultant in Infectious Diseases & Microbiology, Royal Free, London

We have received queries about siblings self-isolating. Please note the guidance highlighted in red in both the above documents and implement self-isolation for the household. Please see an additional easy read guidance which is attached as a separate document, as well as DEMAT parent and pupil updated guidance. New legal duty to self-isolate comes into force today (28th September)

From 28th September, **people in England will be required by law to self-isolate if they test positive or are contacted by NHS Test and Trace.** This law has been introduced to ensure compliance with self-isolation rules and to reduce the spread of coronavirus (COVID-19).

Fines will also be introduced for those breaching self-isolation rules, starting at £1,000, in line with the existing penalty for breaking quarantine after international travel. This could increase to up to £10,000 for repeat offences and the most serious breaches, including for those preventing others from self-isolating.

Following updated guidance staff will be wearing masks at the start and end of the day, and we would encourage parents to do the same whilst in the school grounds.

Chartwell's Isolation Boxes

With children potentially needing to self-isolate Chartwells our school meal providers have developed a 1-week food hamper that can be provided to you if this happens to ensure they receive a nutritious, filling meal each day of isolation.

In order to qualify for this your child must be in Foundation Stage, Year 1 or Year 2 (eligible for universal free school meals) or be in receipt of pupil premium grant (targeted free school meals)

Please let the office know via email that that your child has commenced isolation, and we can arrange for the hamper to be made and ready for collection from school the following morning. You will need to nominate someone from outside the household to come and collect it from the school foyer.

Parent consultations

This year Parent Consultations are going to be online on Zoom . You will need to download the Pupil Asset Parent App if you haven't done so already. (**Instructions attached**).

Once you open the app you will see a blue tab with pupils.

- If you have more than one child please select the child you want to book for
- Select Parents Evening from the list of options
- Select the date
- Select your preferred time

Because of the number of phone / zoom calls the teachers have to get through and the fact that parents won't know if a teacher isn't running to time, the member of staff may have to bring the conversation to a close quite promptly. If this is the case and you need to talk further about certain things, please do send an email to the school office for the attention of the teacher and they will arrange to call you again at a mutually suitable time.

Please can you book your appointment by Friday 9th October 15.30pm.

If you do not have the facility to do Zoom please email the class teacher directly to organise a telephone call instead.

Appointment system will open at 3.30pm this afternoon.

Data Collection Forms

Pupils will be coming home today with the Data Collections forms. Please check the information we have for your child is correct. If there are any changes or missing details please amend and return the form to the **Class Teacher**. If there are no amendments please sign the form and return it.

Yours sincerely

Mrs Anna Reeder